



Loving Kindness Hypnosis

Transform Your Life

Building a Successful Hypnosis Practice

DEFINE Your Ideal Client:

Looks Like _____

Sounds Like _____

Feels Like _____

Demographics _____

Other Specific Descriptions _____

Daily Manifestation Questions/Statements to Use

Wouldn't it be Cool when? Wouldn't it be Cool if?

What new hypnosis client will you bring into my life today?

What new opportunities will you bring into my life today?

The secret is to let go of the outcome, let go of the hows, let go of the whys, and let go of the expectations. Expectations cancel creation!

These powerful questions raise your vibration in seconds. It helps to close the gap to where you are and where you want to be.

Keep An Active To-Do Marketing List in Sight!

- Facebook/Social Media Posts
- Class Ideas
- New Modalities To Learn
- Website Updates

- Marketing Materials/Brochures/Handouts
- Publicity Efforts

Don Miguel Ruiz-The Four Agreements-Keep These Lessons in MIND!!!

- Always Do Your Best
- Be Impeccable With Your Word
- Do Not Make Assumptions
- Do Not Take It Personally

Key Lessons

1. Mindset Matters *at all times* when building your hypnosis practice.
 - a. Mindfulness is paying attention on purpose.
 - b. Law of Attraction-"That which is Like Unto Itself is Drawn", in other words, you get what you focus upon, whether you want it or not. Mental focus coupled with strong emotion begins the attraction process.
2. Awareness and Alignment is Key!
 - a. Be aware of how you feel at all times. Align positive thoughts/desires with pure, positive emotion on a consistent basis. Emotion is the fuel for alignment.
3. Get Clear!
 - a. Define and Refine Your Objectives For Your Hypnosis Practice.
4. Trust!
 - a. Trust Your Intuition Always. Your Gut Feelings. Trust life is rigged in your favor
5. Do Your Part and Take Inspired Action.
 - a. Take Responsibility by:
 - i. Doing Your Homework
 - ii. Marketing, Speaking, Writing, Attending Conferences

Hone Your Skills - Be the Best Hypnotist You Can Be!