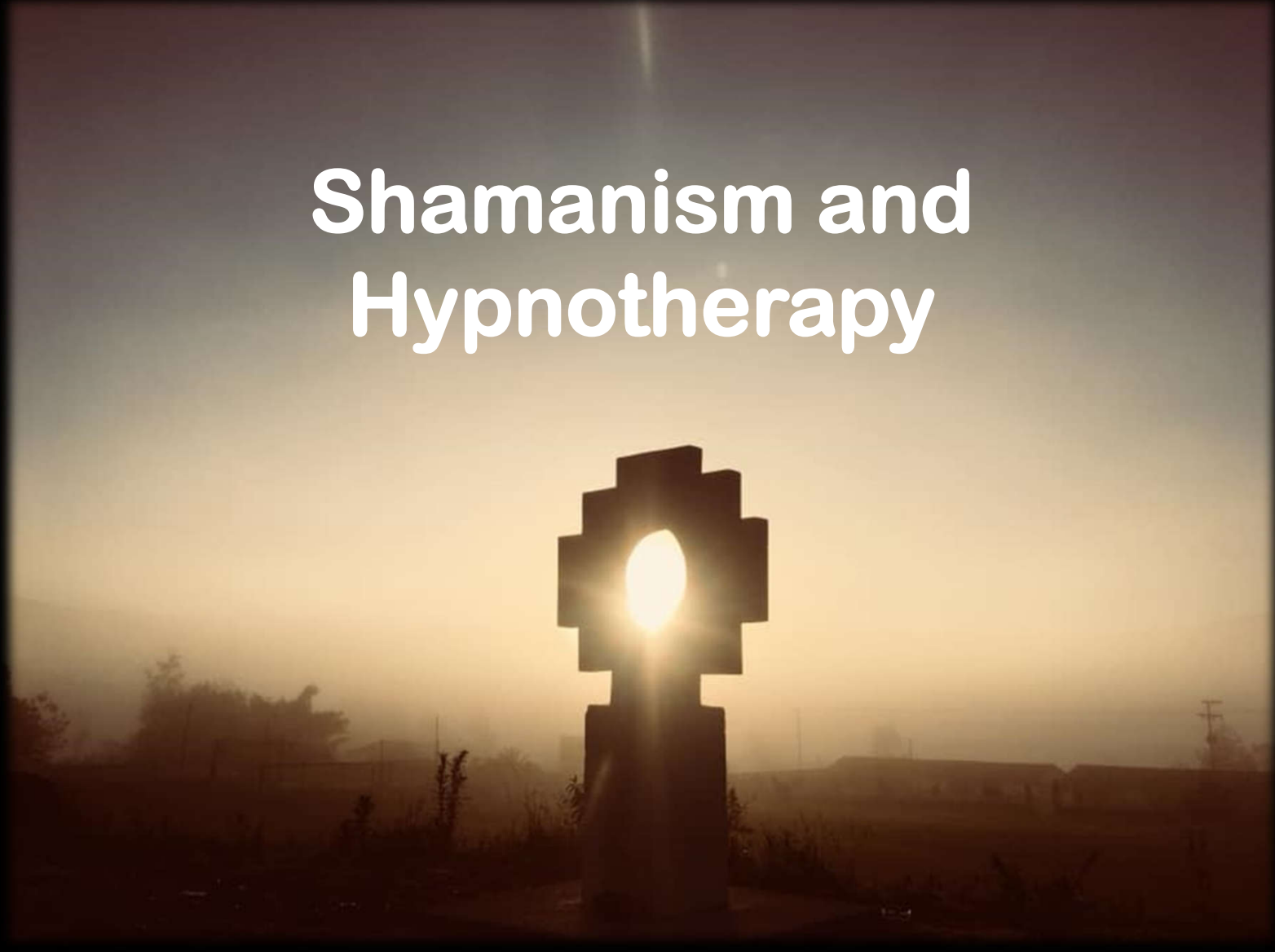
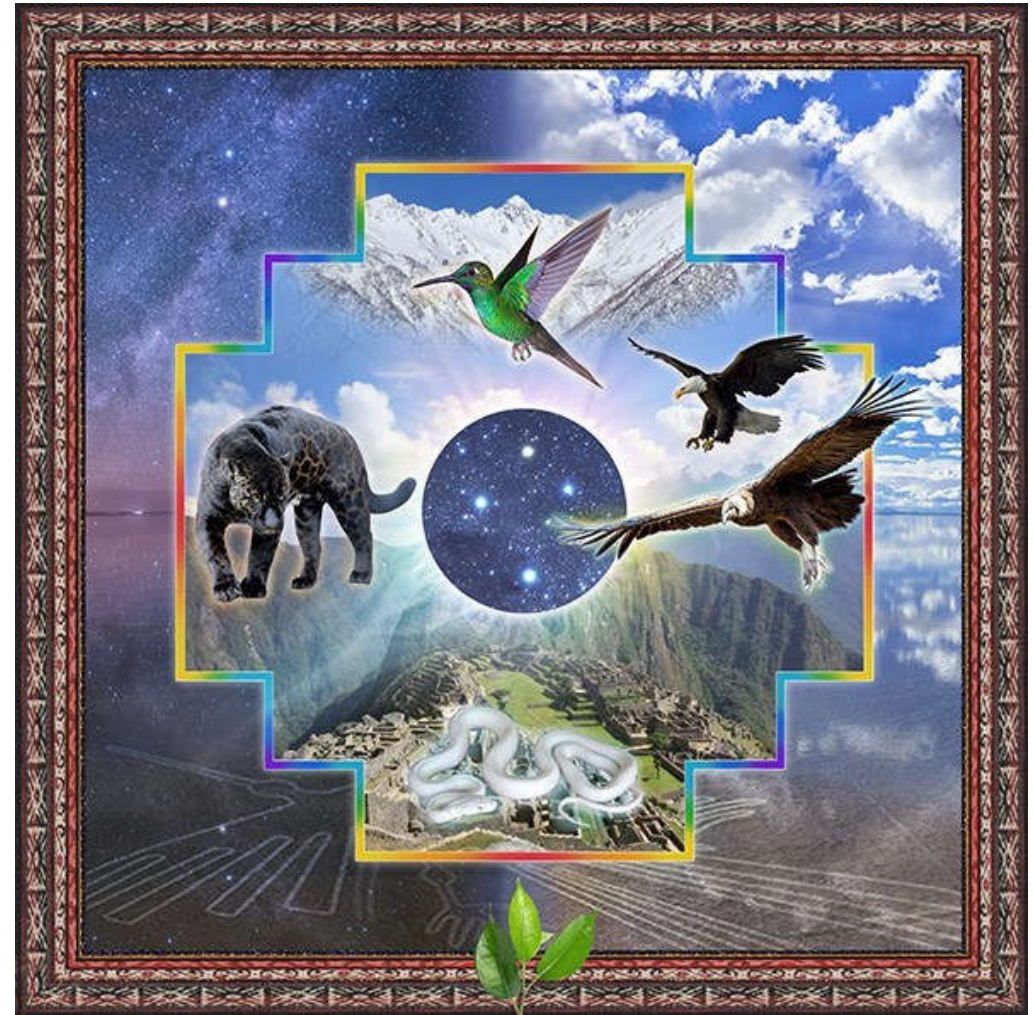


Shamanism and Hypnotherapy



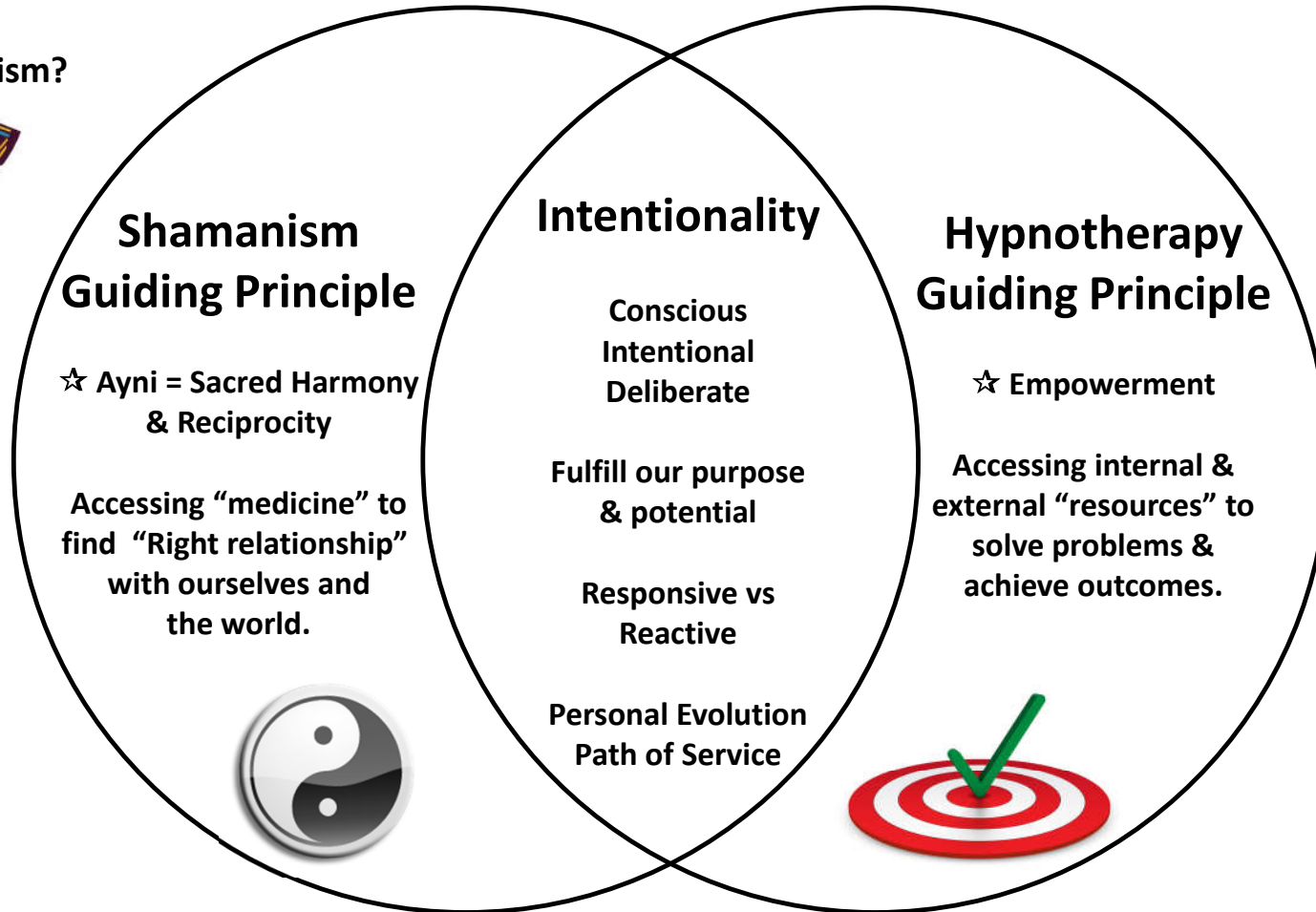
Session Overview

- Introduction & Background
- Modeling Healers – Maps of the Territory
- Shamanism & Hypnotherapy Commonalities
- Exercise – Symbolic Engagement.
4 Objects Exercise
- Consciousness and the Mind – Structural Similarities
- Working with Altered (Altered) States
- Communication – “Rimay” & Suggestion
- Therapeutic Practices
 - Age Regression & Soul Retrieval
 - Deep Trance Identification & Shapeshifting
 - Embodying the Elements of Nature
- Questions and Answers (time permitting)



Shamanism & Hypnotherapy Common Elements

What is Shamanism?



Shamanism Guiding Principle

☆ Ayni = Sacred Harmony
& Reciprocity

Accessing “medicine” to
find “Right relationship”
with ourselves and
the world.



Intentionality

Conscious
Intentional
Deliberate

Fulfill our purpose
& potential

Responsive vs
Reactive

Personal Evolution
Path of Service

Hypnotherapy Guiding Principle

☆ Empowerment

Accessing internal &
external “resources” to
solve problems &
achieve outcomes.



Practice
Segment
Intending

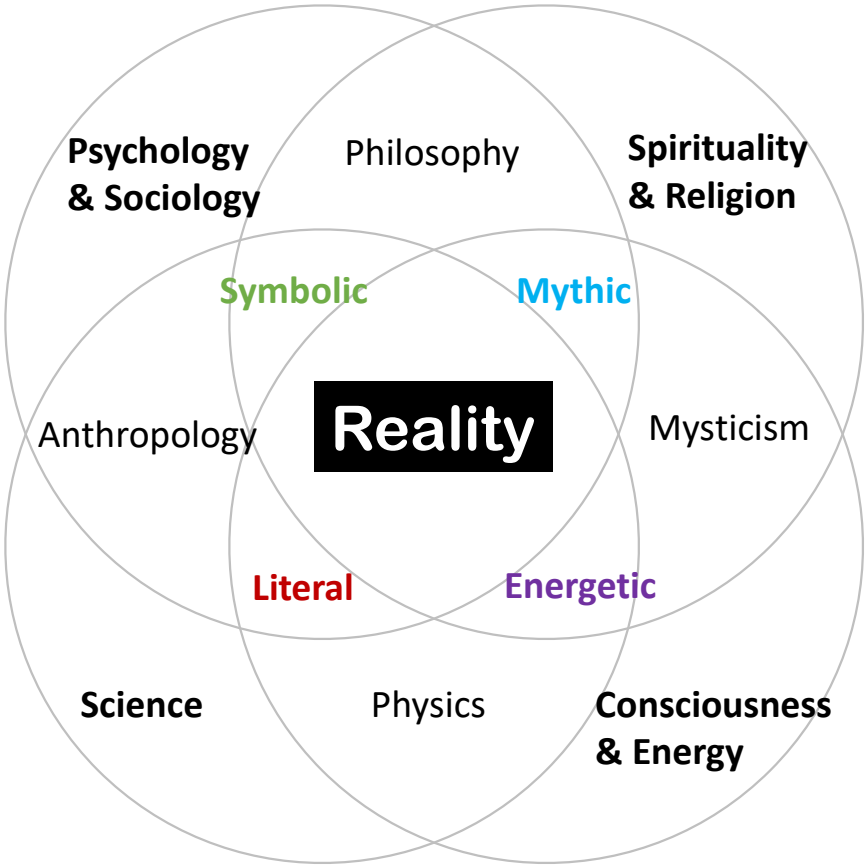
4 Levels of Engagement

- Language
- Beliefs
- Meaning
- Values
- Symbols
- Metaphors
- Emotional Intelligence

- Imagery
- Poetry
- Ritual
- Ceremony
- Sacred
- Beliefs & Practices

- Observation
- Sensory Awareness
- Facts
- Logic
- Literal
- Physical
- Causality

- Meditation
- Awareness
- Intentionality
- Vibration
- Non-Duality
- Creativity
- Manifestation



Maps and Descriptions



West



North



South



East

Four Objects Exercise Symbolic Engagement



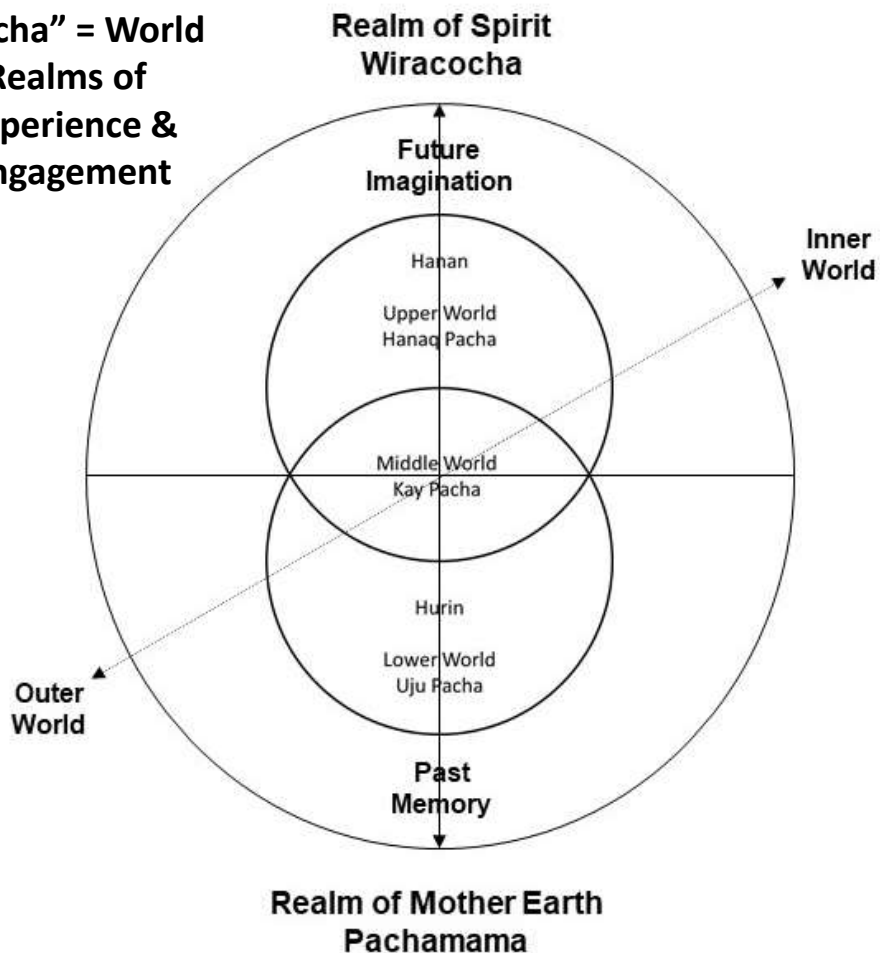
Instructions

- Select four objects in your house that “call” to you.
- Remember which order you select them.
- First object symbolizes “Where you have been.”
- Second object symbolizes “Where you are now.”
- Third object symbolizes “Where you are going.”
- Fourth object symbolizes “How you are going to get there.”
- Write or share a short description for how each object is like (isomorphic) that aspect of your life.

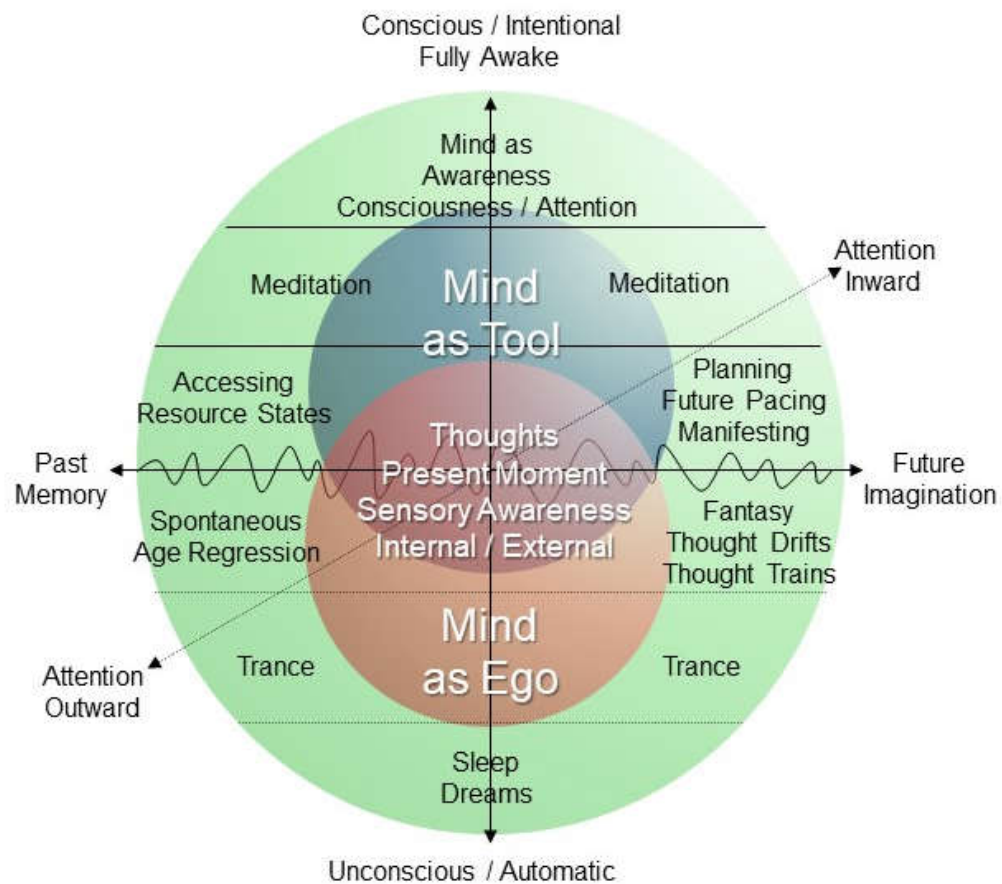


Shamanic Model

“Pacha” = World
Realms of
Experience &
Engagement

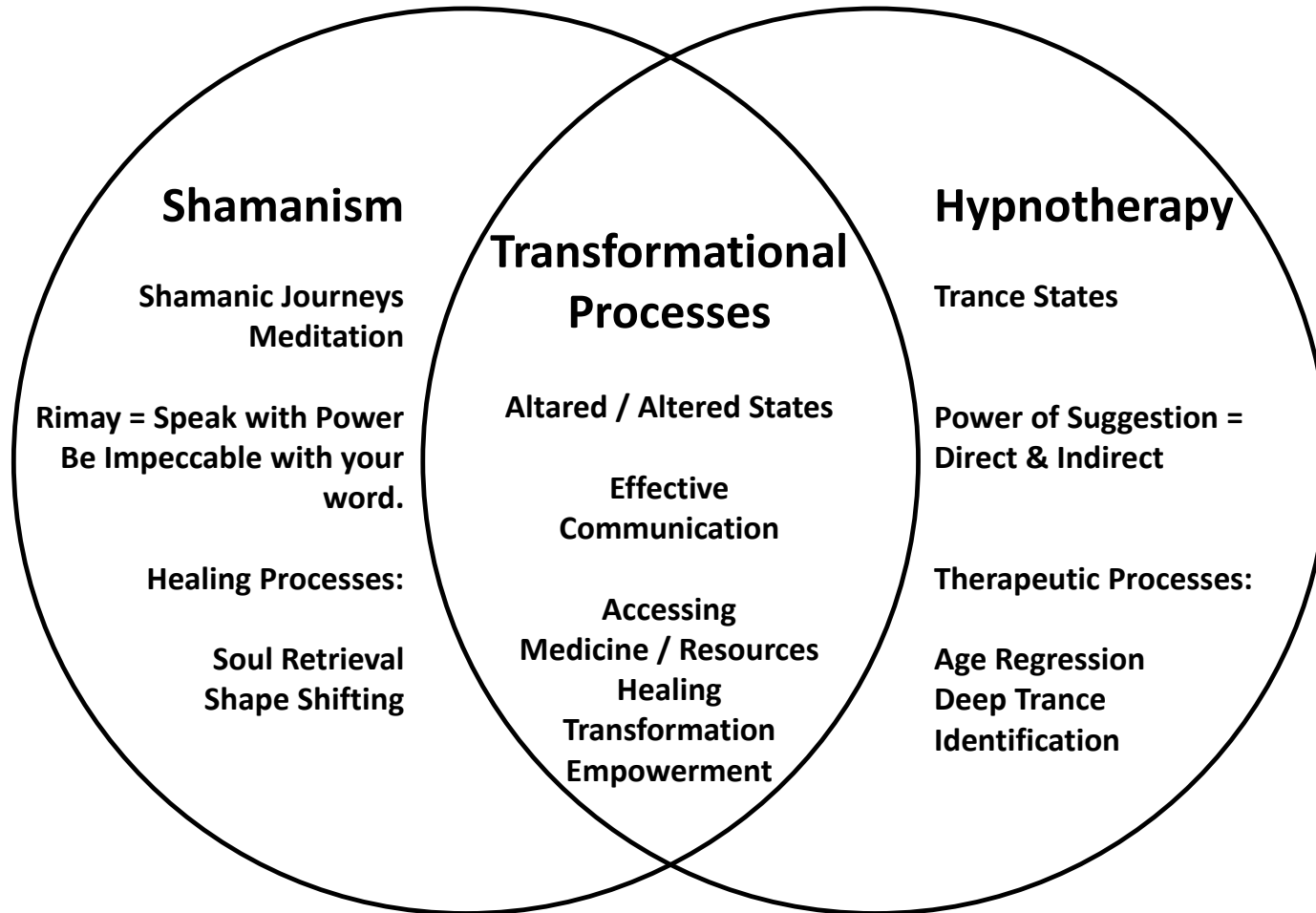


Consciousness Model



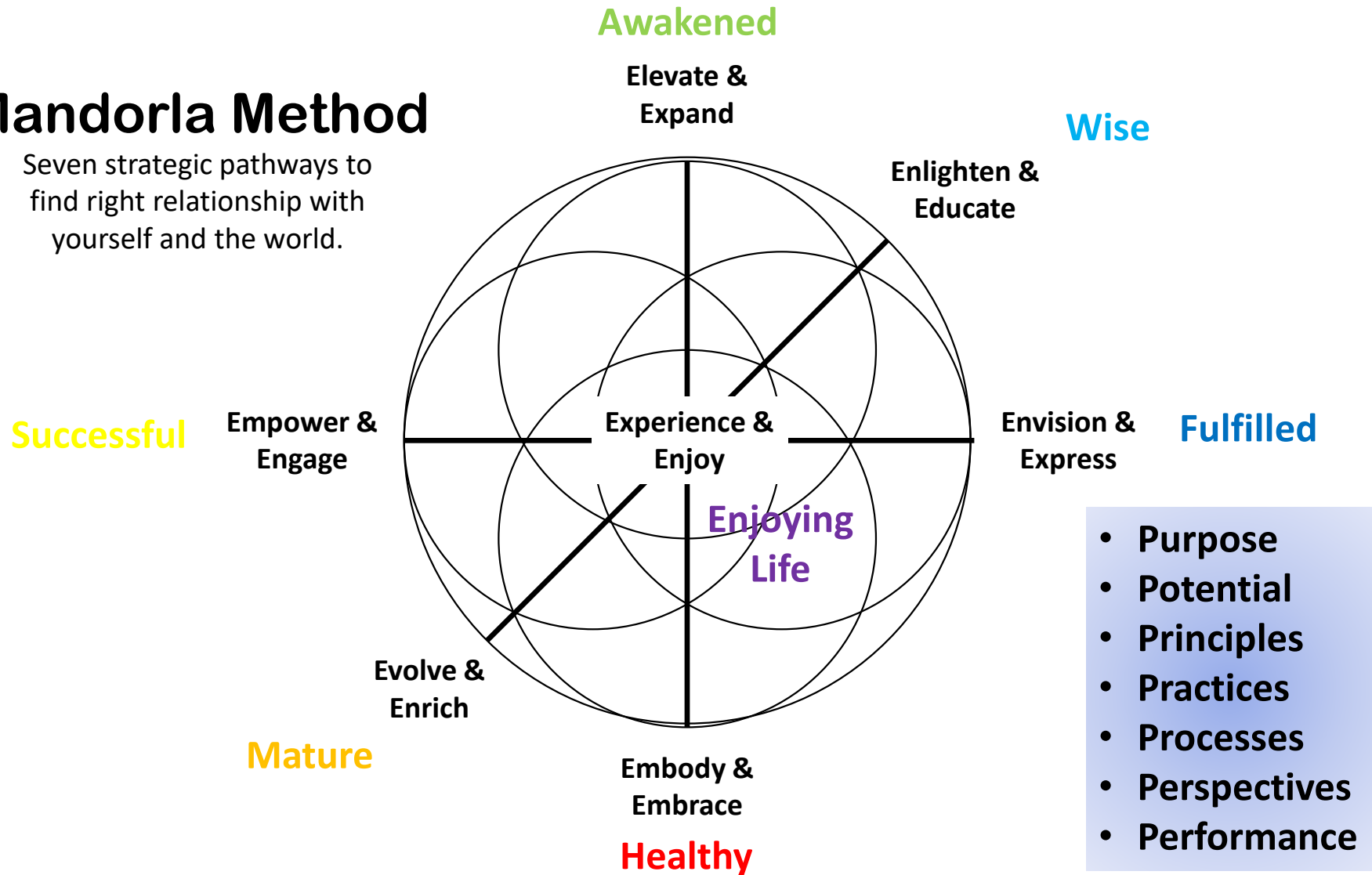
Shamanism & Hypnotherapy

Common Elements



Mandorla Method

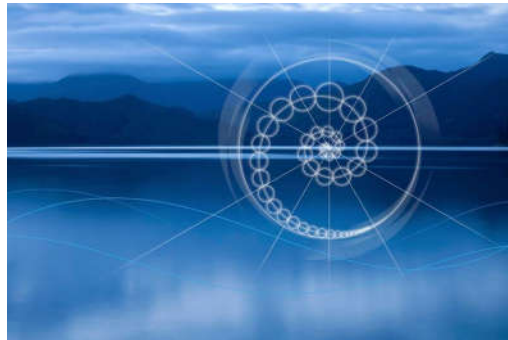
Seven strategic pathways to find right relationship with yourself and the world.



Purpose = Right Relationship

Healthy, Harmonious, Reciprocal, Mutually Beneficial

- **Evolve and Enrich** – Right relationship with your **past** ⇒ **Mature**
- **Empower and Engage** – Right relationship with **others** ⇒ **Successful**
- **Enlighten and Educate** – Right relationship with **self (mind)** ⇒ **Wise**
- **Envision and Express** – Right relationship with your **future** ⇒ **Fulfilled**
- **Embody and Embrace** – Right relationship with **self (physical)** ⇒ **Healthy**
- **Elevate and Expand** – Right relationship with **self (non-physical)** ⇒ **Awakened**
- **Experience and Enjoy** – Right relationship with your **present** ⇒ **Enjoying Life**



The Art of Sacred Practicality

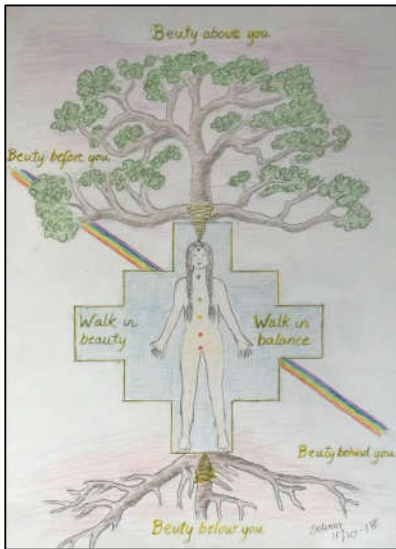
My daily affairs are the Sacred Ceremonies I perform within the Temple of my Life.

Everything Loved exactly as it is and thus it is Altared and made Sacred.

Every act a Ceremony – done with full presence, full care and full respect for the purpose it serves.

Every movement Masterfully performed.

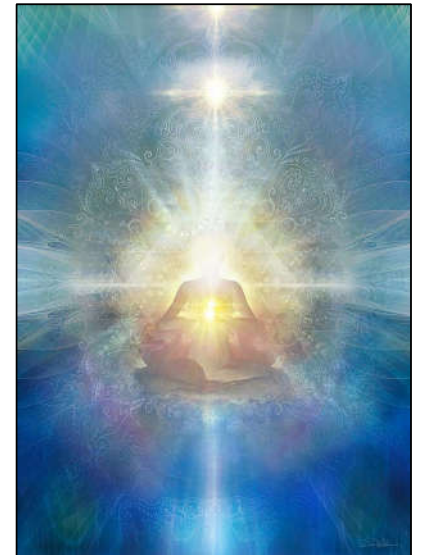
Every word a beneficial prayer, blessing, intention, suggestion or useful expression.



Every walk a Medicine Walk.

Every place a Shrine.

Every intention naturally and effortlessly fulfilled.



Gratitude!

